

# Diabetes Management

Diabetes is a metabolic disease in which a person has high blood sugar. Diabetes is affecting our

country in epidemic proportions. Diabetes is a leading cause of blindness, heart attack, kidney

failure and amputation. Insulin with some oral drugs are used to treat Diabetes.

However, in patients with DM type 2 (non-insulin dependent), changing the diet and

lifestyle, may improve cell sensitivity to insulin. DM type 2 in many cases can be reversed

simply by losing weight and living healthy life style.

In our office, we offer comprehensive testing for diabetes as well as education for diabetic patients.

We are also counseling you on natural supplements that improve your condition and prevent

complications.

Lana Sakirsky is a Certified Diabetes Educator, and she created a program for diabetic patients

that will help them in achieving optimal health.

Call us about the program at 516- 522-1890.